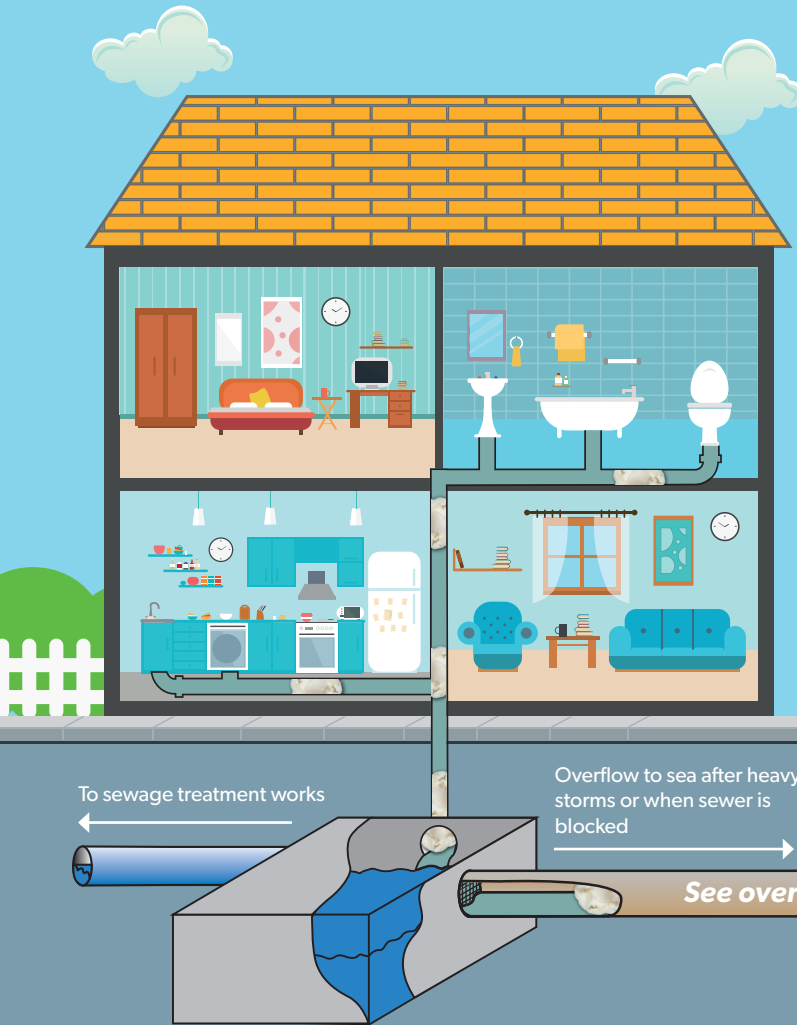


Don't Clog with FOG!

Fats, Oils and Grease known as FOG block pipes.

They mix with other food waste and wet wipes and congeal and harden in the pipe. This can block the flow of waste water causing blockages in your own home, street and even the sewage treatment works, leading to sewage overflows and beach and sea pollution.



See overleaf for top tips on maintaining clear pipes



5 steps to clear pipes

1. Wipe and scrape greasy, oily pots, pans, plates and utensils before washing them.
2. Use strainers in the sink to catch food waste.
3. Avoid putting cooking fats (collect in a container and allow to cool) and foods such as dairy products, gravies, sauces, spreads and coffee grounds down the sink, put them in the food waste bin instead.
4. Collect waste cooking oil and recycle at the local household recycling centre.
5. Only flush the 3 P's; pee, poo and paper.



What to do with...

Animal-based fats

Solid at room temperature.
This can go in your food waste bin with other fatty and greasy foods.

Vegetable-based oils

Liquid at room temperature.
Great news! These can be recycled.
Collect it in an old oil bottle when cooled.



The **Love Our Beach Swanage Campaign** aims to engage businesses, residents and visitors to encourage changes to everyday habits that can help enhance and protect bathing water quality in Swanage Bay.



Also look out for **Sustainable Swanage**, a partnership of local people, businesses, organisations and the town council working together to find solutions to issues affecting sustainability of the community.

For more information on our exciting projects and how your community can get involved, check out:

litterfreecoastandsea.co.uk

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or call **01305 224731**